

Henderson Health Care Services, Inc. (HHC) – Community Health Needs Assessment Summary

Location: Henderson, Nebraska

Primary Service Area: York, Clay, and Hamilton Counties (~30,000 population)

Organizational Overview

Facility Composition:

10-bed Critical Access Hospital

40-bed Long-Term Care Facility

Two Rural Health Clinics

Staffing: ~170 employees (including 3 physicians and 4 PAs)

Mission: To deliver ethical, competent, compassionate healthcare in the name of Christ, with a focus on dignity and the sacredness of human life.

Demographics & Social Determinants of Health (SDOH)

Aging Population: Notably high in the 55–64 and 75+ age groups (especially females).

Disability Rate: 13.6% in York County.

Poverty & Income:

Poverty Rate: 9.3% (lower than Nebraska's 10.4%)

Median Household Income: \$72,914 (higher than Nebraska average of \$69,597)

Female poverty rates are higher than male.

Key Community Health Concerns

Top Health Issues Identified:

Mental Health

Cancer

Obesity/Nutrition/Physical Activity

Alcohol and Drug Abuse

Risky Behaviors:

Alcohol abuse

Obesity/Overweight

Notable increase in drug abuse reported in 2024

Leading Causes of Death:

Heart Disease

Cancer

Stroke

Chronic Lung Disease

Mental & Behavioral Health Concerns:

Suicide (and ideation)

Depression

Substance abuse (alcohol, smoking, vaping)

Implementation Strategy: Community Health Improvement Plan

1. Obesity/Nutrition/Physical Activity

Partner with Four Corners Health Department for public education.

Provide comprehensive health information via newsletter (15,000+ recipients).

Organize health fairs and access to wellness center.

Deliver nutritional counseling and diabetic education.

2. Cancer

Maintain and expand oncology and specialty services.

Promote early screenings and preventative health appointments

Distribute educational materials and support technical upgrades (MRI, CT).

Collaborate with local public health on awareness and prevention.

3. Mental Health

Provide mental health care across all service areas (clinic, ED, LTC).

Utilize eEmergency services for mental health triage/referral.

Offer outpatient mental health services.

Promote suicide prevention, mental health awareness.

Sponsor mental health speakers at local schools focusing on:

Cyberbullying

Risky behaviors (drugs, alcohol, relationships)

4. Alcohol/Drug Abuse

Provide clinical support and referrals.

Launch public messaging campaigns about substance abuse.

Partner with public health for education and community engagement.

Strategic Focus Summary

Health Issue	Strategic Focus Areas
Obesity/Nutrition	Education, community engagement, wellness center access, dietary counseling
Cancer	Early detection, screenings, public education, tech improvements
Mental Health	Access to care, tech-enabled services, school outreach
Substance Abuse	Referral system, education, collaboration with public health

Sources & References

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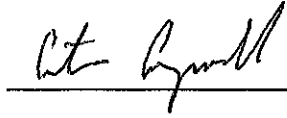
Executive Summary

Henderson Health Care Services, Inc. (HHC) conducted a comprehensive Community Health Needs Assessment (CHNA) to identify and address the most pressing health issues in its service area—primarily York, Clay, and Hamilton Counties in Nebraska, totaling approximately 30,000 residents.

As a non-profit, critical access facility, HHC is committed to advancing the health of rural Nebraskans through compassionate, ethical, and Christ-centered care. The CHNA revealed four priority areas requiring focused intervention: Obesity/Nutrition/Physical Activity, Cancer, Mental Health, and Alcohol/Drug Abuse.

These health challenges were identified through survey results, demographic data, and consultation with public health partners. In response, HHC developed a Community Health Improvement Plan (CHIP) with actionable strategies that emphasize education, early intervention, collaboration, and access to care. HHC will measure the success of these strategies through a defined set of Key Performance Indicators (KPIs) that align with its mission and commitment to community wellness.

The Community Health Needs Assessment and Implementation Strategy for Community Health Improvement Plan were reviewed, approved, and accepted by the Henderson Health Care Board of Directors on June 12, 2025.

A handwritten signature in black ink, appearing to read "C. L. Lyndall", is written over a horizontal line.

Chairman, Board of Directors